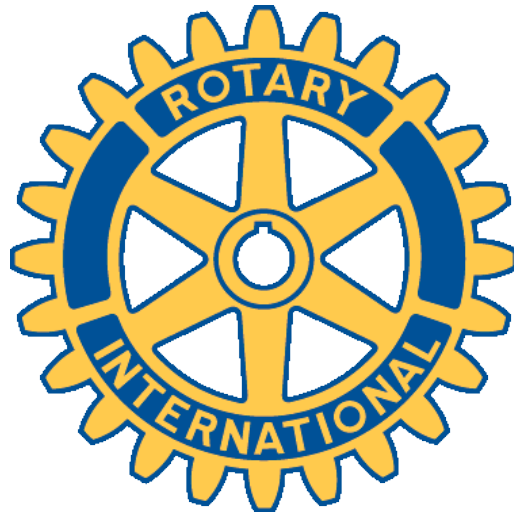


The Rotary Club of Tavares
Proudly Presents
The 8th Annual Dragon Boat Festival
Coming April 16 & 17, 2010



Team Captain Handbook

The Dragons Are Coming!

Wooton Park
200 E Ruby St
Tavares Florida



Central Florida Dragon Boat Festival Team Registration
Tavares Rotary, Lake County, Florida
April 16 & 17, 2010

Name of Corporation/Organization: _____

Team Name: _____

Team Description or History: _____
(100 characters)

Team Manager: _____

Address: _____

Home Phone: _____ Work Phone: _____

Fax Phone: _____ Cellular Phone: _____

E-Mail address: _____

- Team Fee: \$800.00 Team Fee Without Tent Rental: \$750.00
 Pink (BCS) Team Fee: \$400.00 All Women Team: \$400.00

Total Fee Enclosed: _____

Please make check payable to: **Tavares Rotary Club**, Mail to: c/o Tavares Chamber of Commerce, 912 N. Sinclair Avenue, Tavares, FL 32778 For Questions, contact the Tavares Chamber Commerce at 352-343-2531.

Notification

A team information package will be sent to you with a confirmation letter upon receipt of entry form and fee. This will include rules & regulations, information on practice sessions, waivers for team members, team roster form and publicity information form.

All waivers must be submitted to the Registrar by the first scheduled practice. .
All fees must be paid by April 1st.



Central Florida Dragon Boat Festival

TEAM PRACTICES

After your team has registered for the Central Florida Dragon Boat Festival (registration sheet included if needed) contact a team coordinator at the Tavares Chamber of Commerce at 352-343-2531 to book your team's free practice sessions. All participants must sign and submit a waiver by the first practice session. Team Captains will submit all waivers to a festival official. (Please duplicate the waiver in this package as necessary.)

All equipment, including dragon boats, paddles and life vests will be provided by the event organizers. Each participant will be required to wear a life vest or personal flotation device during all practices and races.

All practice sessions are 1 hour. Please ensure your team arrives at the practice site 15 minutes prior to your team practice time, and finishes the hour promptly to ensure schedule efficiency.

Each team will have the option of four practices. Scheduled practices with a designated coach and steersperson will start two weeks prior to race day. The first practice will be held at Wooton Recreational Facility, starting with a dry land demonstration to learn how to paddle in unison. The rest of the practices will be in the boats on the water.

A Minimum of 14 of your team required for practice! If there is less than this, we will do our best to place your team members with other practicing teams. You and your teammates will get a little wet at practices so come prepared! Depending on the availability of boats, additional team practice sessions may be scheduled for \$50 each.



Central Florida Dragon Boat Festival

Rules and Regulations

Teams & Eligibility

Community & Corporate Mixed Division:

Teams in this division, the largest we expect, must have a minimum of 8 female paddlers or 40% for a total race compliment of 20 paddlers and 1 drummer in the race boat. A team roster is allowed to have up to 26 team members, including 1 drummer and 1 steerperson. A team roster does not have to consist of employees of your company. Team members may include spouses, family members, friends, or neighbors. A team may enter more than 1 division. Paddlers may only paddle/enter on one team. There may be no less than 16 members on each team.

A registered team member must be fourteen (14) years of age or older in the year of competition and no team member under the age of eighteen (18) will be allowed to practice or race without written consent and a waiver signed by a parent or legal guardian. A final team roster and team profile, along with all team individual waivers must be submitted to the event organizers before any team practices can be scheduled. Your team will not be able to practice or race if all waivers do not match the team roster.

Important: An individual may only register as a paddler for one team and paddle for only that particular team. Drummers can be either male or female and may participate on other teams in that capacity. They may also participate as a paddler for their team (i.e., switching spots with another registered team member) or may choose to register and participate as a paddler for another team during the event (not both).

All team captains must register in the morning of the race. At that time, they may pick up wrist bracelet for each member on their roster. Bracelets are checked prior to each race.

Senior Division: All teams wishing to participate in the Senior division must provide the dates of birth for each participant on the team roster. All paddlers must be 55 or older. The drummer or steers person can be any age.

Note : All boats must have drummers who are drumming audibly. This is different than last year and is an effort to maintain the rich culture and history around dragon boating.

All must have 8 female paddlers or 40% regardless of the total number of paddlers.

The Team Captain shall be responsible for the conduct of his/her team and for the communication and distribution of all practice and race information to the team. The team manager is responsible for collecting and submitting all forms and waivers to the event office before practicing or racing can be scheduled. On race day, April 17, team captains must attend an official "Team Captains" meeting beginning at 8:15 am sharp, under the big top tent. All rules established during this meeting are superior and prevailing on race day.

Safety

Be aware of forecast weather conditions during practices and on race day. The Practice Supervisor will be responsible for the suspension or cancellation of practices due to hazardous weather or marine conditions. All attempts will be made to re-schedule the practice. In the event that poor weather conditions do not permit races on Saturday, a new race date will be posted on the web site as soon as possible at the discretion of the race officials.

Life vests will be worn at all times while on the boats.... No exceptions.

We expect maximum "team building" and team spirit to be happening for all participants. Exercising good judgment and accomplishing everything safely is paramount so fun can be had by all!



Central Florida Dragon Boat Festival

Dragon Boats & Equipment

The Central Florida Dragon Boat Festival will use 8 World Championship fiberglass dragon boats. Each boat is fully equipped with dragon head and tail, paddles, life vests, steering oar, and drum.

Paddles will be supplied. Teams may use their own paddles as long as they conform to required specifications. Any unmodified Grey Owl dragon boat paddle or any paddle supplied by race organizers will meet event specifications. No substitutions!

Race Venue and Logistics

The Central Florida Dragon Boat Festival is being held at Wooton Park, on a 500 meter course clearly marked with buoys. Electronic timing with manual back-up and finish line video replay will record official race times and placing.

The start sequence of race will be controlled initially by the referee who will direct the teams to the start line (pre-start position). Once all boats are in the pre-start position the referee will hand the race to the starter. As soon as all boats are aligned and stationary at the start, the starter will voice the command "ATTENTION PLEASE" and within a 2 second period the start cannon will fire. A 5 second penalty will be issued to any team that begins paddling, in whole or in part, prior to the start cannon. In all cases, the starter can call back the race for a re-start.

Once a race has begun, each team is responsible for remaining in the center of their respective lane until they cross the finish line. A team that wanders outside the race course or into another lane may be 'disqualified' (DSQ), particularly if they interfere in any way with the progress of another boat. Important: A team that enters into another team's lane but does not interfere with the progress of another boat may continue, but will be disqualified if the team does not cross the finish line in the team's own lane. The decision as to whether interference has occurred is made by the referee, whose decision is final, without appeal. No video taken from the shoreline will be considered in regards to lane interference disputes. A team that is interfering or is about to interfere with another boat may be told to stop their boat by a race official. If the team does not stop their boat they will be disqualified.

The finish line is marked with White buoys. The finish of each boat is recorded as the dragon's nose breaks the plane of the finish sight line, approximately 1 meter behind the red buoys. All crew members must be in the boat at the end of the race or the boat will be recorded as 'Did Not Finish' (DNF). The decision of the judges is final.

Upon completion of their race, all crews must return immediately to the dock mooring area and follow the instructions of the dock marshals so that the next heat can begin on schedule.

Official times and finishing positions will be announced as results become available and will be posted on the Race Headquarters scheduling board. Team advancement into divisional semi-finals will be posted as soon as they are determined by qualifying heats.

Central Florida Dragon Boat Festival



Race Schedule Format

The race schedule will be available on our website (www.CFDRAGONBOAT.org) three days prior to the race. The schedule will also be posted on Race Day. Each team will race two times in qualifying heats and then the final race.

Sponsorships

The Central Florida Dragon Boat Festival retains all rights to advertising, sponsorship and commercial representation for the event.

Teams are encouraged to solicit individual team sponsors to supply team uniforms. Any other promotional or visual displays must receive prior approval from the organizing committee. Inquiries regarding the event sponsorship, on site promotions or product sampling should be made to Becky Claffy at 352-504-8158.

Trophies

Trophy paddles will be awarded to each first place finisher in each division. The number of divisions will be determined 1 week prior to races.

Wooton Park Parking – Parking is NOT available in the park. On the street parking is available. City parking lot is located on Sinclair and Maud Street. Teams may drop off near the park and proceed to parking prior to the event. All parking is free.

Proceeds to benefit Tavares Rotary Club Charitable Services



*The 2010 Annual
Central Florida Dragon Boat Festival*

Team Roster*

Team Name: _____ *(Waiver)*

- 1. Team Captain :** _____ ()
- 2. Steersperson (optional)** _____ ()
- 3. Drummer :** _____ ()
- 4. Paddler :** _____ ()
- 5. Paddler :** _____ ()
- 6. Paddler :** _____ ()
- 7. Paddler :** _____ ()
- 8. Paddler :** _____ ()
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- 21. Paddler :** _____ ()
- 22. Paddler :** _____ ()
- 23. Paddler :** _____ ()
- 24. Paddler :** _____ ()
- 25. Paddler :** _____ ()
- 26. Paddler :** _____ ()

Note: Minimum age 14 and a minimum of 8 female paddlers or 40% require for mixed teams, no matter the total number of people on the boat. It will no longer be calculated as a percentage.



THE 2010 CENTRAL FLORIDA

DRAGON BOAT

FESTIVAL

WAIVER AND RELEASE

I fully understand that training for and participating in activities such as dragon boating may result in accidents, illness, or serious injury. I am voluntarily participating in activities (hereinafter the "event") sponsored directly and indirectly by the Tavares Rotary Club (hereinafter "the Rotary Club") with complete understanding of the risks associated with participation in the event.

I further acknowledge that this event/practice requires participants to be in proper physical condition. By signing this Waiver and Release Form, I declare that I am medically able, properly trained, physically fit, and capable of participating in the event.

In consideration for being allowed to participate in the event, I agree to release and hold harmless the premises owner and the event's sponsors, including the Rotary Club, Central Florida Dragon Boat Club, its affiliates, agents, and employees, and Miami Overseas Chinese Association/Miami Dragon Boat Club from all liability for any injuries and/or illnesses that may directly or indirectly result from my conduct or from the negligence of other participants in the event, and/or from the negligence of the premises owner or the negligence of the sponsors of the event, including the Rotary Club, its affiliates, agents, and employees. I also acknowledge full and sole responsibility for any and all medical expenses that I may incur as a result of any injury and/or illness related to my participation in the event. I understand and agree that this Waiver and Release is binding.

I hereby grant my consent and permission to the Rotary Club, its affiliates, agents and employees, to use my name, photograph, videotape, motion picture recording, voice, or likeness for Rotary purposes, including pre and post event publicity.

I have carefully read this Waiver and Release and fully understand its contents. By my signature below, I consent and agree to the terms of this Waiver and Release.

Signature of Participant

Date

Print Name of Participant

